



Buatto

italian food and tradition

La nostra storia...

My story begins in 1967 in Mola di Bari. These are the years of the economic boom. Society and work evolve rapidly and my grandfather Vito, together with my father Franco, are ready to seize the opportunities. **With the intent of wanting to enhance the typical product of our land, the artichoke, they start a new professional activity, specializing in processing and transformation intended for canning use, covering all the stages of the company construction in full respect of the public, and in harmony with the needs of the territory in which it operates.**

The changing needs of the market required substantial transformations and the company was not caught unprepared. Following in the footsteps of my predecessors, honoring the name of my family, I set up the "Carbonara srl" to enhance and grow even more the reality already underway and to carry out numerous projects by including in the production, in addition to the incomparable artichoke, also others local vegetables finalizing the transformation into a finished product ready for use.

The real innovation, however, is not in the use of new technologies. I felt that I had to leave a more significant imprint and I went back in time, in my childhood memories, when we watched my grandmother prepare preserves with dedication as a stock for the winter months and I decide to promote a new line of products that could make me savor that ancient taste of home.

Thus was born, in 2020, "Il Buatto": a specialty of products ideal for consistency and fragrance that guarantee exceptional performance in the kitchen and on the table without losing that unique flavor that only a grandmother's preserves can give. The vegetables, of 100% Italian origin, are harvested at the best moment of their maturation, preserved

... di generazione in generazione

in oil, ready to use and packaged in their characteristic tinplate can that preserves goodness, freshness and quality, but also practicality of use, thanks to the innovative easy-open system.

All the recipes are studied in the smallest detail, following the tastes of an increasingly precise and attentive clientele but not forgetting the tradition that my family has passed on to me and maintaining the unique natural flavor of the product.

The high and constant quality, which has always been recognized as a strong point, is supported by a rigorous application of HACCP control methods, the use of strict hygiene principles and a careful analysis of the composition of the ingredients used. Continuous and accurate quality controls are constantly checked at all stages of processing, from the entry of raw materials to the storage of finished products.

The company wants to ensure that all potential risks associated with supplies are properly assessed and managed with regard to the safety, authenticity, legality and quality of the final product.

"Il Buatto" represents an aggregation of ancient flavors, simplicity and innovation that everyone can savor the taste of.

It is a starting point to demonstrate your creativity in the kitchen and give you back the pleasure of preparation, to be offered on the table in convivial moments with the family or to recall the light-heartedness of an aperitif with friends at home. It is practical when, alone at home, you do not feel like cooking after a long working day.

Vito Carbonara
Vito Carbonara



Mission

"Il Buatto" dreams of reaching many palates and of being a leading company in the vegetable preserves sector, transforming and enhancing the agricultural products that our territory offers, guaranteeing the consumer healthy and genuine products, processed respecting tradition and following a project that meets high standards of quality and safety food.

Vision

The company is committed to supervising all processes in the chain food, starting from the quality of the raw material up to the sale of the products, in order to guarantee safety and quality and be able to stand out in the sector thanks to our values ...

Our values:

- TRANSPARENCY
- QUALITY
- HONESTY
- INNOVATION
- SATISFACTION
OF THE CUSTOMER



YELLOW CHERRY DELICIOUS



CODE 009

Unit weight: 750g - 26.5 oz.

Pack of: 6 pieces

TMC: 36 months

PRODUCT DESCRIPTION:

yellow cherry cut in half, semi-dry and preserved in oil.

INGREDIENTS:

tomatoes 56%, sunflower oil 36%, salt, basil, garlic, acidifier: citric acid.

Naturally gluten-free.

NUTRITIONAL DECLARATIONS (Average values per 100 g):

Energy 1419 Kj / 345 Kcal; Fats 36.8 g, of which fatty acids 4.1 g; Carbohydrates 2,4 g, of which sugars 1,5 g; Fiber 0.8 g; Protein 0.6 g; Salt 0.8 g.

GET INSPIRED BY BUATTO'S ADVICE:

a practical and versatile product, with the yellow cherry you can garnish a bruschetta, use it on a square to accompany broccoli and sausage or on a good plate of fresh pasta perhaps combined with our zucchini cream!

WE SUGGEST to combine it with a first and / or second course, use it as an aperitif, appetizer and side dish but also a filling ... in short, imagination is the only limit of use!

N. Buatto

RED CHERRY DELICIOUS



CODE: 008

Unit weight: 780g - 27.5 oz.

Pack of: 6 pieces

TMC: 36 months

PRODUCT DESCRIPTION:

red cherry cut in half, semi-dry and preserved in oil.

INGREDIENTS:

red tomato 58.6%, sunflower oil 38%, capers, salt, garlic, chilli, acidifier: citric acid, lactic acid.

Naturally gluten-free.

NUTRITIONAL DECLARATIONS (Average values per 100 g):

Energy 1394 Kj / 339 Kcal; Fats 36 g, of which fatty acids 4 g; Carbohydrates 2.6 g, of which sugars 1.5 g; Fiber 0.9 g; Protein 0.6 g; Salt 0.6 g.

GET INSPIRED BY BUATTO'S ADVICE:

the red cherry is sweet on the palate but at the same time acidulous, therefore perfect for flavoring a terrine with broccoli and scamorza, but also to garnish bruschetta paired with anchovies or to dress an excellent salad.

WE SUGGEST to use it as an aperitif, side dish, topping ... in short, it is so good that you can combine it with any type of dish!

Il Buatto

CONFIT TOMATOES



CODE: 007

Unit weight: 770g - 27.2 oz.

Pack of: 6 pieces

TMC: 36 months

PRODUCT DESCRIPTION:

round tomato cut in half, semi-dry and preserved in oil.

INGREDIENTS:

tomatoes 58%, sunflower oil 32.5%, salt, sugar, basil, acidifier: lactic acid and citric acid.

Naturally gluten-free.

NUTRITIONAL DECLARATIONS (Average values per 100 g):

Energy 1284 Kj / 308 Kcal; Fat 32.5g, of which fatty acids 3.7g;
Carbohydrates 2.8 g, of which sugars 2.8 g; Fiber 1.1 g;
Protein 0.6 g; Salt 1 g.

GET INSPIRED BY BUATTO'S ADVICE:

delicious caramelized tomatoes to serve as a garnish to an excellent pasta dish or to flavor a delicious Apulian focaccia!

WE SUGGEST to use them as an appetizer, side dish, to garnish pizzas, focaccia and calzoni, but also to enrich and flavor a delicious first course.

GRILLED ONIONS



CODE: 004

Unit weight: 750g - 26.5 oz.

Pack of: 6 pieces

TMC: 30 months

PRODUCT DESCRIPTION:

grilled and flavored borettane onions preserved in oil.

INGREDIENTS:

onions 59%, sunflower oil 40%, wine vinegar, sugar, salt, garlic, bay leaf, antioxidant: L-ascorbic acid.

Naturally gluten-free.

NUTRITIONAL DECLARATIONS (Average values per 100 g):

Energy 1765 Kj / 427 Kcal; Fat 40 g, of which fatty acids 4.5 g; Carbohydrates 15.6 g, of which sugars 12.2 g; Fiber 0.8 g; Protein 0.8 g; Salt 1.6 g.

GET INSPIRED BY BUATTO'S ADVICE:

these borettane onions are characterized by the sweet and sour note given by the sugar and wine vinegar, excellent to accompany a plate of sausage or sheep in pignata.

WE SUGGEST to propose it also as an aperitif or appetizer, perhaps as a side dish to meats and cheeses. Excellent as fillings combined with our cherry tomatoes, but also in a taste of grilled with our zucchini and aubergines. A practical and versatile product that will stimulate the imagination of those who use it!

GRILLED AUBERGINES



CODE: 005

Unit weight: 750g - 26.5 oz.

Pack of: 6 pieces

TMC: 30 months

PRODUCT DESCRIPTION:

grilled and flavored aubergines preserved in oil.

INGREDIENTS:

aubergines 57.5%, sunflower oil 40%, apple vinegar, salt, garlic, chilli, oregano, parsley, acidifier: citric acid, antioxidant: L-ascorbic acid.

Naturally gluten-free.

NUTRITIONAL DECLARATIONS (Average values per 100 g):

Energy 1586 Kj / 385 Kcal; Fat 40.2 g, of which fatty acids 4.5 g; Carbohydrates 1.6 g, of which sugars 1.5 g; Fiber 1.5 g; Protein 0.6 g; Salt 0.4 g.

GET INSPIRED BY BUATTO'S ADVICE:

these grilled aubergines lend themselves to the most varied uses, they can be used from appetizers to pizza, from a first course to a second course. Their practical use allows you to make your every dish a delight for the palate.

WE SUGGEST to serve them accompanied with courgettes and grilled onions for a taste of grilled appetizers, ideal for making a delicious parmigiana or pasta alla norma.

N. Buatto

GRILLED ZUCCHINI



CODE: 006

Unit weight: 750g - 26.5 oz.

Pack of: 6 pieces

TMC: 30 months

PRODUCT DESCRIPTION:

grilled and flavored zucchini preserved in oil.

INGREDIENTS:

zucchini 57%, sunflower oil 40%, apple vinegar, salt, garlic, chilli, parsley, oregano, acidifier: lactic acid, antioxidant: L-ascorbic acid.

Naturally gluten-free.

NUTRITIONAL DECLARATIONS (Average values per 100

g): Energy 1596 Kj / 387 Kcal; Fat 40 g, of which fatty acids 4.5 g; Carbohydrates 2 g, of which sugars 1.9 g; Fiber 0.9 g; Protein 1.9 g; Salt 0.7 g.

GET INSPIRED BY BUATTO'S ADVICE:

delicious grilled courgettes flavored with aromatic plants. Practical and versatile, they lend themselves to the most varied uses, perfect for creating excellent rolls or to garnish a tasty pizza.

WE SUGGEST to use it as an appetizer, as a side dish and topping and why not also as a condiment for a light and tasty lasagna.

N. Buatto

GRILLED ARTICHOKES



CODE: 010

Unit weight: 780g - 27.5 oz.

Pack of: 6 pieces

TMC: 36 months

PRODUCT DESCRIPTION:

grilled artichokes, flavored and preserved in oil.

INGREDIENTS:

Artichokes 59%, sunflower oil 38.5%, salt, wine vinegar, garlic, chilli, mint, acidifier: citric acid, antioxidant: L-ascorbic acid.

Naturally gluten-free.

NUTRITIONAL DECLARATIONS (Average values per 100g):

Energy 1534.8 kJ / 373 kcal; Fats 38.6 g, of which fatty acids 4.3 g; Carbohydrates 2 g, of which sugars 1.6 g; Fiber 4.4 g; Protein 2.2 g; Salt 1.3 g.

GET INSPIRED BY BUATTO'S ADVICE:

Among our varieties of artichokes there are those grilled, flavored with aromatic herbs and ready to be tasted.

WE SUGGEST to serve them as an appetizer or side dish, they are also excellent for the preparation of bruschetta and finger food.

GRILLED ARTICHOKES



CODE: 014

Unit weight: 2400 g - 84.65 oz.

Pack of: 6 pieces

TMC: 36 months

PRODUCT DESCRIPTION:

grilled artichokes, flavored and preserved in oil.

INGREDIENTS:

Artichokes 49%, sunflower oil 49%, salt, wine vinegar, garlic, chilli, mint, acidifier: citric acid, antioxidant: L-ascorbic acid.

Naturally gluten-free.

NUTRITIONAL DECLARATIONS (Average values per 100g):

Energy 1938.6 kJ / 471.3 kcal; Fats 50.1 g, of which fatty acids 5.6 g; Carbohydrates 1.6 g, of which sugars 1.3 g; Fiber 3.6 g; Protein 1.7 g; Salt 1 g.

GET INSPIRED BY BUATTO'S ADVICE:

Among our varieties of artichokes there are those grilled, flavored with aromatic herbs and ready to be tasted.

WE SUGGEST to serve them as an appetizer or side dish, they are also excellent for the preparation of bruschetta and finger food.

ARTICHOKE WEDGES GRILLED



CODE: 011

Unit weight: 780g - 27.5 oz.

Pack of: 6 pieces

TMC: 36 months

PRODUCT DESCRIPTION:

grilled artichoke wedges, flavored and preserved in oil.

INGREDIENTS:

Artichokes 59%, sunflower oil 38.5%, salt, wine vinegar, garlic, chilli, mint, acidifier: citric acid, antioxidant: L-ascorbic acid.

Naturally gluten-free.

NUTRITIONAL DECLARATIONS (Average values per 100g):

Energy 1534.8 kJ / 373 kcal; Fats 38.6 g, of which fatty acids 4.3 g; Carbohydrates 2 g, of which sugars 1.6 g; Fiber 4.4 g; Protein 2.2 g; Salt 1.3 g.

GET INSPIRED BY BUATTO'S ADVICE:

among our varieties, the artichoke wedges are small and pretty;

Ideal to serve as an appetizer or side dish, they are also excellent for the preparation of bruschetta and finger food.

WE SUGGEST to use them also in cold dishes such as rice salads or cold pasta, but also as a topping for a tasty pizza.

N. Buatto

ARTICHOKE WEDGES GRILLED



CODE: 015

Unit weight: 2400 g - 84.65 oz.

Pack of: 6 pieces

TMC: 36 months

PRODUCT DESCRIPTION:

grilled artichoke wedges, flavored and preserved in oil.

INGREDIENTS:

Artichokes 49%, sunflower oil 49%, salt, wine vinegar, garlic, chilli, mint, acidifier: citric acid, antioxidant: L-ascorbic acid.

Naturally gluten-free.

NUTRITIONAL DECLARATIONS (Average values per 100g):

Energy 1938.6 kJ / 471.3 kcal; Fats 50.1 g, of which fatty acids 5.6 g; Carbohydrates 1.6 g, of which sugars 1.3 g; Fiber 3.6 g; Protein 1.7 g; Salt 1 g.

GET INSPIRED BY BUATTO'S ADVICE:

among our varieties, the artichoke wedges are small and pretty;

Ideal to serve as an appetizer or side dish, they are also excellent for the preparation of bruschetta and finger food.

WE SUGGEST to use them also in cold dishes such as rice salads or cold pasta, but also as a topping for a tasty pizza.

ARTICHOKES WITH STEM ALLA Peasant



CODE: 017

Unit weight: 2400 g - 84.65 oz.

Pack of: 6 pieces

TMC: 36 months

PRODUCT DESCRIPTION:

artichokes with stem, flavored and preserved in oil.

INGREDIENTS:

Artichokes 49%, sunflower oil 49%, salt, wine vinegar, garlic, chilli, mint, acidifier: citric acid, antioxidant: L-ascorbic acid.

Naturally gluten-free.

NUTRITIONAL DECLARATIONS (Average values per 100g):

Energy 1938.6 kJ / 471.3 kcal; Fats 50.1 g, of which fatty acids 5.6 g; Carbohydrates 1.6 g, of which sugars 1.3 g; Fiber 3.6 g; Protein 1.7 g; Salt 1 g.

GET INSPIRED BY BUATTO'S ADVICE:

our peasant-style artichokes with stems retain a noble flavor thanks to their marinating in aromatic herbs.

WE SUGGEST to taste them as a side dish for meat or fish main courses, but also in the preparation of delicious first courses.

N. Buatto

ARTICHOKES WITH STEM



CODE: 012

Unit weight: 2400 g - 84.65 oz.

Pack of: 6 pieces

TMC: 36 months

PRODUCT DESCRIPTION:

artichokes with stem, flavored and preserved in oil.

INGREDIENTS:

artichokes 49%, sunflower oil 49%, salt, garlic, chilli, mint, acidifier: citric acid, antioxidant: L-ascorbic acid

Naturally gluten-free.

NUTRITIONAL DECLARATIONS (Average values per 100g):

Energy 1940.3 kJ / 471.7 kcal; Fats 50.1 g, of which fatty acids 5.6 g; Carbohydrates 1.6 g, of which sugars 1.3 g; Fiber 3.6 g; Protein 1.8 g; Salt 1.4 g.

GET INSPIRED BY BUATTO'S ADVICE:

the sweet and bitter notes of our stemmed artichokes enclose the Mediterranean and winter flavors.

WE SUGGEST to consume them cold as a side dish or delicious aperitif.

N. Buatto

ARTICHOKE HEARTS



CODE: 013

Unit weight: 780g - 27.5 oz.

Pack of: 6 pieces

TMC: 36 months

PRODUCT DESCRIPTION:

artichoke hearts, flavored and preserved in oil.

INGREDIENTS:

artichokes 59.6%, sunflower oil 38.5%, salt, garlic, chilli, mint, acidifier: citric acid, antioxidant: L-ascorbic acid

Naturally gluten-free.

NUTRITIONAL DECLARATIONS (Average values per 100g):

Energy 1537.3 kJ / 373.6 kcal; Fats 38.6 g, of which fatty acids 4.3 g; Carbohydrates 2.1 g, of which sugars 1.6 g; Fiber 4.5 g; Protein 2.2 g; Salt 1.7 g.

GET INSPIRED BY BUATTO'S ADVICE:

artichoke hearts are a simple and tasty conterno. They are one of the many types proposed, all versatile and with multiple uses.

WE SUGGEST to taste them as a side dish for meat or fish main courses, but also to enrich cold cuts.

ARTICHOKE HEARTS



CODE: 016

Unit weight: 2400 g - 84.65 oz.

Pack of: 6 pieces

TMC: 36 months

PRODUCT DESCRIPTION:

artichoke hearts, flavored and preserved in oil.

INGREDIENTS:

artichokes 49%, sunflower oil 49%, salt, garlic, chilli, mint, acidifier: citric acid, antioxidant: L-ascorbic acid.

Naturally gluten-free.

NUTRITIONAL DECLARATIONS (Average values per 100g):

Energy 1940.3 kJ / 471.7 kcal; Fats 50.1 g, of which fatty acids 5.6 g; Carbohydrates 1.6 g, of which sugars 1.3 g; Fiber 3.6 g; Protein 1.8 g; Salt 1.4 g.

GET INSPIRED BY BUATTO'S ADVICE:

artichoke hearts are a simple and tasty conterno. They are one of the many types proposed, all versatile and with multiple uses.

WE SUGGEST to taste them as a side dish for meat or fish main courses, but also to enrich cold cuts.

FRIARIELLI



CODE: 000

Unit weight: 760g - 26.8 oz.

Pack of: 6 pieces

TMC: 24 months

PRODUCT DESCRIPTION:

broccoli preserved in oil.

INGREDIENTS:

broccoli 72.5%, sunflower oil 26%, salt, garlic, chilli, acidifier: lactic acid, citric acid.

Naturally gluten-free.

NUTRITIONAL DECLARATIONS (Average values per 100 g): Energy 1067 Kj / 259 Kcal; Fat 26.5 g, of which fatty acids 2.9 g; Carbohydrates 1.7 g, of which sugars 1.5 g; Fiber 2.3 g; Protein 2.3 g; Salt 0.6 g.

GET INSPIRED BY BUATTO'S ADVICE:

from the authentic Campania tradition we offer tantalizing turnip greens in oil ready to use. Excellent as an appetizer, to dress a first course, as a side dish, to garnish bruschetta, pizzas, calzones and much more.

WE SUGGEST to serve them accompanied by sausage and cherry tomatoes, but also as a condiment for a terrine of fresh orecchiette. A range of uses that will allow you to create a thousand tasty combinations!

Il Buatto

STUFFED PEPPERS



CODE: 003

Unit weight: 780g - 27.5 oz.

Pack of: 6 pieces

TMC: 24 months

PRODUCT DESCRIPTION:

round chillies stuffed with tuna and capers preserved in oil.

INGREDIENTS:

stuffed chillies 62% (peppers 32%, tuna 20%, capers 9%, apple vinegar, garlic, acidifier: citric acid and lactic acid), sunflower oil 38%, salt.

Naturally gluten-free.

NUTRITIONAL DECLARATIONS (Average values per 100 g):

Energy 1624 Kj / 394 Kcal; Fat 40.2 g, of which fatty acids 4.8 g; Carbohydrates 2.8 g, of which sugars 2.5 g; Fiber 1 g; Protein 4.8 g; Salt 0.8 g.

GET INSPIRED BY BUATTO'S ADVICE:

these delicious peppers hide a perfect union between land and sea. Ideal as an aperitif and appetizer, perhaps combined with a good prosecco. A simple and tasty solution that will enhance any dish you want to combine them with!

WE SUGGEST to use them as a triumph on a nest of spaghetti with garlic, oil and chilli, on a pizza to give that touch of spiciness or to flavor an excellent calzone.

CREAM OF ZUCCHINI



CODE: 001

Unit weight: 750g - 26.5 oz.

Pack of: 6 pieces

TMC: 24 months

PRODUCT DESCRIPTION:

flavored zucchini cream.

INGREDIENTS:

zucchini 67%, sunflower oil 29%, capers 2%, salt, garlic, mint, chilli, acidifiers: citric acid and lactic acid, antioxidant: L-ascorbic acid.

Naturally gluten-free.

NUTRITIONAL DECLARATIONS (Average values per 100g):

Energy 1304 Kj / 316 Kcal; Fats 31.6 g, of which fatty acids 3.3 g; Carbohydrates 4.2 g, of which sugars 3.9 g; Fiber 1.4 g; Protein 3.1 g; Salt 0.6 g.

GET INSPIRED BY BUATTO'S ADVICE:

our cream is elegant to the taste, ideal for garnishing bruschetta, as an amalgam in pasta dishes with a simple sautéed tomato, as well as a veil to lick a very good cut.

WE SUGGEST to use it as a base for a tasty sandwich, but also to accompany first and second courses. A very simple product but which lends itself to the most varied uses!

Il Buatto

FANTASY OF VEGETABLES



CODE: 002

Unit weight: 760g - 26.8 oz.

Pack of: 6 pieces

TMC: 24 months

PRODUCT DESCRIPTION:

mixed sweet and sour vegetables preserved in oil.

INGREDIENTS:

vegetables in variable proportions 60% (carrot, cauliflower, romanesco broccoli, fennel, yellow pepper, red pepper, green pepper, sea water, sugar, wine vinegar, salt, acidity regulator: citric acid, antioxidant: L-ascorbic acid), sunflower oil 40%.

Naturally gluten-free.

NUTRITIONAL DECLARATIONS (Average values per 100 g):

Energy 1571 kJ / 382 kcal; Fat 40 g, of which fatty acids 4.5 g; Carbohydrates 3.7 g, of which sugars 4.3 g; Fiber 1.4g; Protein 1 g; Salt 0.4 g.

GET INSPIRED BY BUATTO'S ADVICE:

The vegetable fantasy is a combination of multiple flavors that blend with sweet and sour. **WE SUGGEST** to use it as the protagonist in a delicious aperitif, but also as a side dish in hot and cold dishes.

N. Buatto

DESIRE FOR TASTING!



In addition to the suggested recipes, add the "oil tasting" to your menu as a starter.